

## ABSTRACT

[Abstract]

[Problems to be Solved] To provide a body adhesive tape having an improved breathability and adapted to be applied to a body in such a manner as to lift skin to make it possible to provide stimulus to the body.

[Solution Means] A body adhesive tape 1 including at least a stretch base material 12 and an adhesive layer 11 formed on one surface of the base material. In the adhesive layer 11, a plurality of recessed grooves 111 extending in the tape width direction W are arranged at a spacing in the tape longitudinal direction L and there is provided an array configuration composed of pattern arrays  $G_1$  in which the length of a group of recessed grooves 111 changes stepwise repeating a gradual increase and decrease in the tape longitudinal direction L.

[Selected Figure] Fig. 2